



Coonabarabran Public School Newsletter - Term 3, Week 2, 2020

Quality, affordable education for all students

www.coonabarab-p.schools.nsw.edu.au

Monday 27 July 2020

Welcome to Term 3

One of the first activities for Term 3 is the celebration of National Aboriginal Children's Day. This will be held on 4th August and will include a whole school barbeque and cake.

All students have been invited to participate in a colour-in competition in K-2, and an art competition for students in Years 3 to 6. Prizes will be awarded by our school AEO's and canteen vouchers will be awarded to prize winners.

The theme for the artwork is 'My Country'. The entries will be displayed in conjunction with the Education Week display at the town library.

Coonabarabran Public School is looking forward to the celebration of indigenous children and culture within our school and community.

Students from Year 2 have been working with Mrs Evans on extra expression in their reading. This week they looked at readers theatre and a play called "You don't say!" This has helped these young readers use more variety in their pitch, tone and volume while they read.



Focus on Literacy

Coming up at Coonabarabran Public School

Thursday 30 July:
Monday 3 to Friday 7 August:
Tuesday 4 August:
Wednesday 5 August:
Thursday 6 August:
Friday 7 August:
Thursday 13 August:
Thursday 20 to Thursday 27 August:

Semester 1 School Reports sent home with students
Education Week - activities all week
National Aboriginal Children's Day
Education Week Celebration Day
Stage 2 and Stage 3 Assemblies (no parents)
Stage 1 Assembly (no parents)
STEAM AHEAD Robotics and Coding Workshops K-6
Life Education Van Visit

PBL Focus: We are safe and respectful on our playground.

Coonabarabran Public School
Cnr Newell Hwy & George St
PO Box 169
COONABARABRAN

Phone: 6842 1771
Fax: 6842 2416

Email: coonabarab-p.school@det.nsw.edu.au

A Minute with Mrs Meier



Welcome back to Term 3. I am hoping this term will be more of a normal term unlike the previous two. We have included up to date information for you regarding Covid-19 and the restrictions that are still in place at the moment. We will let you know of any changes as they come to hand.

It has been wonderful to see the students settle back into the school routine and I have had many students share some wonderful pieces of work with me over the past week.

Just a reminder about uniform. There seems to be a lot of students coming to school with different jumpers and jackets on. We have spare ones at the office if you are unable to find a navy blue one. Please send your child to the office and we can help them. Also a reminder that caps are not a part of our school uniform and as such if your child comes to school with a cap on, they will be asked to remove it and put it in their bag. We have brand new school hats available from the office. This term, we do not enforce hats to play.

Mobile phones are not permitted at school. Please keep your child's phone at home. If they need to contact you, we can call from the office.

We are disappointed that we cannot open our school this year for Education Week. However, we will make many photos available in the newsletter and Facebook. Each Stage is organising some exciting activities to promote this year's theme of "Learning Together" which is very fitting under the current circumstances.

Stage 1 Stars of the Week

KE Eucalypts - Emma Hayman - Successfully settling back into the school routine after the holidays.
K/1 Tulips - Skylah Gray - Trying her best with all classroom activities.
1M Sunflowers - Noah Brouff - Trying hard in all areas at school.
2C Chrysanthemums - Hannah Richards - An amazing effort in learning her spelling words this week.
2M Shamrocks - Kerry Chatfield - Trying extra hard with all tasks.



EVERY DAY COUNTS....

A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 1/2 years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 1/2 years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed...

Every day counts!



At Coonabarabran Public School we will be continuing our focus on student attendance at school. If your child is unwell or needs to attend an appointment out of town, please contact the school to advise of their non-attendance. You can do this via School Stream, a written note to the teacher, or by phoning the office on 6842 1771.

The PIP (Phone Intervention Program) will continue for the remainder of the year. Each day staff will contact a parent/carer when an absence hasn't been explained.

School Stream is a free app available to families to download on any smart device. This app will alert you to notifications from the school and also has the function of sending an Absentee Notification. Please contact the school if you would like assistance to download the app.

 **schoolstream**

Class Focus: Kindergarten Eucalypts and Mrs Evans

Kindergarten Eucalypts have been busy working on their numerals to 20. We have been organising our number cards in order from 1 to 20 and then adding small objects to represent each number. Awesome team work, positive communication and cooperation has been shown by all students.

Last week's PBL Focus was 'movement around the school'. Kindergarten practiced this on Wednesday. We walked in our two lines to the office, passed Mrs Evans office and up through Stage 2. We were very quiet and no one could hear us coming past their classrooms!!! We also practiced walking in one line up the stairs on the left hand side. There were many comments about how much fun it was exploring our school in a respectful and safe way.

Well done Eucalypts!





A Guide to NSW school students returning for Term 3

All schools are looking forward to a great term and will return to full-time on-campus learning. With updated health advice and changes to state and national restrictions, schools are able to recommence the majority of school-based activities from the start of Term 3 (20 July 2020).

All students should be learning on-campus unless they are unwell or have a medical certificate to support their absence.

All students and staff who have visited Victoria must have a permit to enter NSW and are required to self-isolate for a period of 14 days.

With the exception of students and staff who reside in a border town, all students and staff who have visited Victoria in the 14 days before the commencement of school should not attend school until they complete the 14 days self-isolation period since they left Victoria.

NSW Health has requested anyone who has been in Victoria and is unwell or has flu like symptoms arrange to be tested through their local medical practitioner or one of the COVID-19 clinics.

Schools continue to be safe and operations are in line with the Australian Health Protection Principal Committee (AHPPC) and NSW Health advice. Under this advice, schools are not required to conduct widespread temperature screening or for anyone to wear masks.

All schools will be vigilant when implementing infection control, physical distancing and personal hygiene protocols to protect the health and safety of students and staff. Schools will promote the need to follow good hygiene practices like:

- regularly washing hands
- avoiding sharing drinks or food
- coughing or sneezing into your elbow, or a tissue which should be discarded immediately
- filling water bottles from bubblers rather than using the bubbler directly.

Most activities permitted at school will be conducted in a way that is safe and appropriate in a living in COVID-19 environment.

School attendance

We would like to remind parents and carers not to send students to school if they are unwell, even if they have mild symptoms. Schools will make appropriate arrangements to return students home if they become unwell at school.

Students should be at school unless:

- they have a medical certificate which states that they are unable to return to school due to an ongoing medical condition and the expected timeframe
- they are currently unwell.

School activities / school site usage

The majority of school-based activities can recommence, as long as the following measures are observed:

- all visitors and external to school providers must adhere to relevant hygiene, distancing and safety protocols
- principals may continue to restrict, limit or prohibit activities if they are seen as contrary to the current health advice
- external providers and visitors are required to demonstrate compliance with health and safety requirements including adhering to strict guidelines and completing relevant forms
- non-essential adults are still not permitted on school grounds or at school events – this **includes parents/carers** unless specifically approved by the principal.

Physical distancing

Physical distancing of children in schools is not required under the AHPPC guidelines.

All adults must maintain physical distance from each other (1.5m) including teachers and support staff, and parents.

Parents should ensure school pick up and drop off arrangements enable them to physically distance from one another and from staff.

A Guide to NSW school students returning for Term 3

School activities return and timeline

Activities / site usage that can already take place

- Use the school library
- Engage in sporting activities
- Canteens and uniform shops can open at principal's discretion
- Year 11 and 12 students only may attend classes/activities relating to subjects only available on other campuses.
- VET work placement for Year 12 students is able to proceed from 1 June 2020. School based apprenticeships and traineeships can recommence once the relevant workplaces are back in operation
- Trade Training Centres can operate on school sites
- School assemblies (limited to 15 minutes and no external visitors)
- Choirs and performing arts at school, with safety protocols in place
- Students may attend other schools for essential curriculum related reasons or placements (e.g. auditions or placement tests)
- Hydrotherapy pools can be used
- Incursions/external providers can provide activities that support delivery of curriculum (e.g. music tutors, sport skills development programs, science demonstrations, drama tutors, Healthy Harold).
- Community use activities used by students such as dance classes, and student sport skills development, outside of school hours with limited adult attendance)
- Day field trips to outdoor locations with no physical distancing requirements can take place (e.g. DoE Environmental Education Centres and sport and recreation facilities, trips to local river to collect water samples)
- Face-to-face TAFE attendance (see TAFE website for further information)
- School photos
- Department of Community and Justice services and programs
- Community use activities on weekends involving adult attendance (complying with relevant guidelines) not essential to continuity of education.
- Community use activities involving general adult attendance (such as community markets).

Activities under consideration from Term 3

The following events will be reconsidered in Term 3. For now, these events must remain on hold.

- Kindergarten orientation
- School camps
- Excursions (other than field trips explained above)
- Parent attendance at assemblies and other school events (e.g. graduation ceremonies or student speech events)
- Parent volunteers – e.g. parent reading helpers (note: canteen and uniform shop volunteers are permitted)
- Interstate excursions
- School-based activities that involve large gathering of adults are not permitted at this time. These include parent/community gatherings such as parent functions, working bees, fundraisers, school BBQs, large parent information evenings, and large on-site cultural events. These large gatherings and the following activities will continue to be reviewed and assessed based on AHPPC and NSW Health advice and may be permitted at a later date.

Activities that are cancelled, delayed or not permitted

- Certain large arts and sports events are cancelled or delayed because they require feeder activities and have long-lead time organisational arrangements. Please speak to your schools if you would like to know more.
- International excursions are cancelled until further notice.

Reporting and assessment

You will receive your child's semester 1 report before the end of August (Week 6, Term 3).

This will be a simplified version of the report you normally receive. Schools are encouraged to discuss your child's progress with you before the written report is issued.

Coonabarabran Public School endeavour to keep our families and the school community informed of changes to the restrictions as they occur over the coming weeks. We will inform you via this newsletter, School Stream and Facebook.

Healthy Harold will be visiting our school from Thursday 20th August to Thursday 27 August. The cost per student is \$10.00.

All students will participate in Stage appropriate Life Education lessons with their classes during the week. Classroom teachers and Stage AP's have chosen the lesson for the students and the content will include one of the following:



 <p>MY BODY MATTERS Kindergarten</p> <p>Harold and his friends want to look their best for photo day at school, but discover that things don't always go to plan. This module focuses on things children can do to keep themselves healthy including:</p> <ul style="list-style-type: none"> the importance of personal hygiene choosing foods for a healthy balanced diet benefits of physical activity and sleep ways to keep safe at home, school and in the community 	 <p>HAROLD'S FRIEND SHIP Kindergarten / Year 1</p> <p>After building a model spaceship at school, Harold and his friends, Boots and Red venture into an imaginary world in outer space. As the adventure unfolds children explore:</p> <ul style="list-style-type: none"> how to build friendships and care for others feelings and emotions safe and unsafe situations and early warning signs safe places and people to turn to for help 	 <p>READY, STEADY, GO Year 1</p> <p>Harold and his friends are ready for their big race at the school athletics carnival. Or are they? When one member of their relay team doesn't show up, what will they do? This fun, engaging narrative provides opportunities to discover:</p> <ul style="list-style-type: none"> benefits of physical activity safety strategies in different environments how our body reacts in new situations what our body needs to be healthy including a nutritious diet, water and sleep 	 <p>SAFETY RULES Year 1 / Year 2</p> <p>Harold and his friends have gone camping, but when someone gets injured on a hiking expedition, how will they look after each other and make it back to camp? This module helps children to problem solve and focuses on:</p> <ul style="list-style-type: none"> recognising safe and unsafe environments how to care for others behaviours that maintain friendships places and people who we can go to for help 	 <p>GROWING GOOD FRIENDS Year 2</p> <p>Harold battles to figure out what to give his grandma for her birthday, until his friends, Boots and Red step in and offer some good ideas. This animated story takes us to familiar surroundings where students can:</p> <ul style="list-style-type: none"> explore what health messages mean identify safety signs recognise how physical activity and nutrition contribute to a healthy lifestyle explore how positive relationships benefit our health and wellbeing 	 <p>ALL SYSTEMS GO Years 2 - 4</p> <p>Inside a futuristic machine 'The Venture', the Captain and his crew take the class on a tour of the human body. Travelling through the blood, the class explore and discover how magnificent the human body really is. They learn the functions of various body parts and the actions required to keep these systems working well.</p> <ul style="list-style-type: none"> factors that influence the function of body systems such as exercise and drugs exploring ways to manage peer pressure the effects of second hand smoke the function of vital organs (heart, lungs, brain, kidneys) healthy food choices 	 <p>BCYBERWISE Years 3 - 5</p> <p>This module focuses on cyber safety, cyber ethics and building positive relationships with friends online and offline. The students explore a range of issues such as password security, risks of sharing personal information, how to communicate respectfully both online and offline, and strategies to handle bullying including cyberbullying.</p> <ul style="list-style-type: none"> responsible and respectful behaviour when using communication technology skills for building positive relationships with friends keeping personal information safe online strategies to deal with bullying and cyberbullying exploring the role of bystanders 	 <p>MIND YOUR MEDICINE Years 3 - 4</p> <p>Using a friendly game show format Mind Your Medicine develops students' understanding of medicines and their safe use, positive communication, strategies for managing conflict, stress, and bullying and explores how feelings influence the choices that we make.</p> <ul style="list-style-type: none"> factors that influence someone's sense of self-worth techniques for effective communication identifying the impact of different factors on health and wellbeing strategies for managing stressful situations medicines as drugs and the consequences of their misuse 	 <p>ON THE CASE Years 5 - 6</p> <p>Join Mac McHardy, a time-travelling detective, and his sidekick 'Conan' as they gather evidence to persuade McHardy's great, great granddaughter not to take up smoking. Set in a fantasy world of futuristic steam-powered machines, students travel through time, collaborate and explore:</p> <ul style="list-style-type: none"> what's in a cigarette myths and facts effects of smoking influences and pressures history and laws strategies to reduce harm 	 <p>THINK TWICE Years 5 - 6</p> <p>Using distinctive animated and vox-pop videos, this module tackles the topic of drinking alcohol in an age appropriate context. Students explore concepts such as the effect that alcohol has on body systems, myths and facts about alcohol, laws relating to its sale and reasons why people choose not to consume alcohol.</p> <ul style="list-style-type: none"> myths and facts surrounding the use of alcohol strategies for responding to encouragement or pressure to drink physical, social & legal consequences of alcohol use strategies to reduce harmful effects of alcohol on self and others 	 <p>DECISIONS Years 5 - 6</p> <p>This module offers a choice of content on legal drugs or legal and illegal drugs. Students explore the decision-making process and improve decision making skills by looking at choices, consequences, responsibility, facts, and influences.</p> <ul style="list-style-type: none"> what is a drug and how drugs are classified effects of drugs on the body analyzing health messages about drugs in the media messages around not-use - normative data - dispelling myths influences on decision making - family, peers, media, culture, financial, legal strategies and skills to be safe 	 <p>RELATE RESPECT CONNECT Years 5 - 6</p> <p>A unique, contemporary module that explores building positive, safe and respectful relationships. Presented via a series of fiction-like vignettes that resonate with young people moving through upper primary school and beyond this module focuses on:</p> <ul style="list-style-type: none"> understanding how to respect ourselves and others identifying characteristics of positive relationships strategies to help maintain positive online and offline relationships strategies to respond to unsafe or disrespectful situations online and offline the importance of relationships to our own and others wellbeing
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COONABARABRAN PUBLIC SCHOOL CANTEN MENU TERM 3 2020	
 	
FOLLOW US ON FACEBOOK	
Snacks	
Pizza Muffin.....	\$1.50c
Garlic Bread.....	\$0.50c
Ham and Cheese Scroll.....	\$1.00
Custard.....	\$0.80c
Popcorn.....	\$1.00
Monster Noodles.....	\$1.00
Apple or Orange.....	\$1.00
Sandwiches - (made on fresh bakery bread)	
Vegete, Jam or Honey.....	\$2.00
Cheese.....	\$2.50
Ham.....	\$3.00
Toasties	
Cheese.....	\$3.00
Ham and Cheese.....	\$4.00
Burgers	
Cheesy Mate: Beef, cheese, sauce.....	\$3.50
Angry Bird: Flame grilled chicken, lettuce, cheese and mayo.....	\$5.00
Hot Food	
Macaroni and Cheese.....	\$3.50
Twista Bolognaise.....	\$5.00
Dino Nuggets..... each.....	\$1.00
Chicken and Gravy Roll.....	\$5.00
Bakery Pie..... FRIDAY ONLY.....	\$4.50
Bakery Sausage Roll..... FRIDAY ONLY.....	\$3.00
Sauce.....	\$0.50

Wraps	
Melted Cheese.....	\$2.00
Sweet Chili Chicken: sweet chili chicken tender, lettuce and mayo.....	\$4.00
Ham or Chicken lettuce and cheese.....	\$3.00

Drinks	
Water.....	\$1.50
Fruit Juice popper.....	\$2.00
Warm Milo.....	\$1.50
Slush Puppie..... LUNCH TIME ONLY.....	\$2.50

Ice Blocks 2nd half lunch only	
Frozen Juice cup.....	\$0.50c
Fruit stick.....	\$1.00
TNT.....	\$1.30
Paddle Pop.....	\$2.20

MEAL DEALS \$5.00

Choose ONE Main item, Choose ONE Drink, Choose ONE Other item

- MAIN ITEM**
- Pizza Muffin x 2
 - DINO Nuggets x 4
 - Cheese Burger
 - Macaroni and Cheese

- DRINK**
- Bottle Water
 - Warm Milo
 - Fruit Juice popper

- OTHER ITEM**
- Orange
 - Apple
 - Popcorn
 - Fruit Stick Ice block



2020 Winter Soccer

Junior outdoor soccer

Starts Saturday 25 July (register on-line, see below)

Ages 5-15 (male); 5-16 (female)

Saturday mornings in term 3

\$100 with an Active Kids Rebate voucher

Must obtain voucher from Service NSW website BEFORE registration

Saturday 25 July 10am

No 3 oval

(ALL PLAYERS MUST BE REGISTERED BEFORE 2nd of August)

For more information and to register go to coonagalaxy.com.au OR



Life Education Van

20th - 27th August 2020

Cost is \$10.00 per student

I give permission for Class:

to attend the Life Education Van Program. The cost per student is \$10.00 and is enclosed. ☐

Signature: Date:

I have paid via the school website. The Online Receipt Number is:

Bubblers at school are 'off limits'.

Please remember to provide your child with a drink bottle each day.

Drink bottles can be refilled with water at school.

Please remember to label all jumpers, hats and coats that your child wears to school.

Items of clothing can be easily returned when they are labelled.

Winter school jackets are available to purchase from the Office.

Size 6 to adult sizes available.

\$55.00 each.

Joss CLEANERS REQUIRED

Joss Facility Management are looking for cleaning staff to work at local Government sites.

FPE, Training and Uniforms provided.

Applicants need to provide a valid Working With Children Check upon application and successful applicants will be required to undertake a pre-employment medical prior to commencement.

Please contact Joss Facility Management via email on joos@joosgroup.com.au

Check us out on Facebook Joss Cleaning or visit our webpage www.josscleaning.com.au

Coonabarabran Pony Club



Rally Day
Sunday 2nd August
9:30am Gear Check

Sarah Mahon
Mobile: 0413 344 745

Coonabarabran Town Bus Service

Free for
Kindergarten,
Year 1 & Year 2

Available to all students
in the town limits.

Primary students have conditions
applied depending on distance
travelled.

Cost \$1 per day if ineligible for free travel.

More info: 6842 2783



Coonabarabran

after school
vacation care

3.15 - 5.30pm
Monday - Friday
14 Robertson St
Coonabarabran

Coonabarabran Public School students
catch the Rocky Glen bus.

Only \$25 a day

You could be eligible for further subsidy
to reduce fees with the Child Care Benefit

You only pay the gap.

Enrol at Robertson Street Children's Services
phone: 6849 2222

Affordable - Fun - Safe

Coonabarabran Physiotherapy

Matthew Rouse
Physiotherapist
B.App.Sc

68 Cassilis Street
COONABARABRAN

02 - 6842 2881



Grace's Uniforms

For all your school uniform needs

From hats to socks,
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Shop 3/48 Dalgarno St
Phone: 6842 1670



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6842 1167

Coonabarabran



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Electrical, Refrigeration,
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Level 2 Authorised Service Provider
Lic. No: 164657C ARC No. L004612
Level 2 No. 31041

ABN: 85 125 559 926

Phone Brad : 0407 224 773

Email: evans_electrical@bigpond.com



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and Quality Care.
From 6 weeks up to 5 years old.

Enrol now for 2020

A child needs a great parent, a great play based
learning environment and a great teacher.

Help strengthen your child's educational journey
by enrolling them in our Early Childhood
Education program today.

Fees from \$7.50 per day

Enquiries: 6849-2184 or email
yuluwirrikids@warrumbungle.nsw.gov.au

Your kids will thank you
one day for their
healthy smiles



Braces
Family dentist
All health funds
On-the-spot claims
\$1000 rebates for most kids



What you can't see is a lifetime of smiles

COONABARABRAN SMILES
DENTAL SERVICE

PH 6842 1396 70 Cassilis St

aliki
A M A R A

All About Skin

SHOP ONLINE 24/7

www.alikiamara.com.au



Classes
on

Tuesday
afternoons

Contact: Leanne McWhirter
Phone: 0439 833 832



This space could be yours.
Contact the school office to
advertise your business,
sporting club or organisation.

Ph: 6842 1771