

Coonabarabran Public School



Newsletter

Friday 25 August 2017
Term 3, Week 6



Assembly

Whole School Assembly

Thursday

31st August 2017

2.20pm



All parents & carers welcome to attend



ESCAPE TO EVERYWHERE
CBCA BOOK WEEK 19-26 AUGUST 2017

CPS celebrates Book Week

To celebrate Book Week students in Kindergarten to Year 4 have walked to the Town Library. Mrs Liz Cutts entertained each group with a story from one of the Children's Book Council Short Listed books.

Kinder enjoyed "The Snow Wombat" by S. Chambers. Year 2 listened to "Gary" by L Rudge. Gary is a homing pigeon that cannot fly. Year 3 and Year 4 enjoyed "Chip" by K. Howarth which is about how inventive seagulls can be when their supply of chips disappears.

After they listened each class completed a short book review on each of the books.

We would like to thank Mrs Cutts very much for helping us celebrate Book Week with visits to the town Library. Thankyou to Mr Adam for organising and assisting with the visits even on his days off.



This week's PBL Value is ...



Respectful

- * Care for the school environment
- * Actively participate in all activities
- * Follow Instructions
- * Treat others the way we wish to be treated
- * Respect other people's property
- * Listen well, speak politely
- * Get along with others

Meier's Magic Minute

Learning Walks K-2

This week Mrs Meier & Mrs Evans went for a walk through all of the K-2 classrooms to see how the students are progressing with their learning. Students were engaged in our L3 sessions which include guided reading with the classroom teacher, writing, work on sight words, spelling activities and other literacy tasks. Mrs Meier enjoyed the opportunity to read with some students in KA, listen to the fabulous writing in 1M and joining in other activities in the classrooms.



What's on at CPS?

Thurs 31 Aug:

Whole School Assembly

Fri 1 Sept:

NW Athletics Carnival Tamworth

Binnaway 4 ways Sports Day

Mon 4 Sept:

Naidoc Day

Wed 6 Sept:

One day Chess Tournament

Gunnedah Public

Thurs 7 Sept:

Touch Football Gala Day

Gunnedah

Stage Assemblies

Tues 12 Sept:

Year 3 Zoo Excursion

Tues 12 - 13 Sept:

Year 4 Zoo Snooze Excursion

Thurs 14 Sept:

PAN Night - Infants

Library News

The next order forms for Book Club have been sent home.

Orders are due back at school by 8th September.

Remember any orders earn points for our school.

Book Club



P & C Meeting Tuesday

29th August at 6.30pm in the staff room. All welcome to attend.

REAL COFFEE REAL COFFEE

Available to parents and staff at the canteen.



Call in for a Cuppuccino or even a Mocha.

All proceeds from our Barista Machine go directly back to our school.



Woolworth's Earn & Learn stickers started this week.

Collect your stickers and place in the Coonabarbran Public School bins at Woolworths or in the office area at school.

Coonabarabran Public School

Newell Highway, PO Box 169

COONABARABRAN NSW 2357

Ph: 6842 1771

Fax: 6842 2416

email: coonabarab-p.school@det.nsw.edu.au

Web: www.coonabarab-p.schools.nsw.edu.au

Stage Assembly Awards

EARLY STAGE 1	
Jayden Farrugia	Being an enthusiastic happy and fun member of KA!
Abigail Milligan	Working hard to stay on task all day!
Kuparr Gordon	Trying his hardest to sound out those tricky words.
Addison Grobler	Always following our PBL values.
Corey Rutland-Threadgate	Trying harder in class to follow the 5 L's.
Hannah Row	Always being respectful at school.
STAGE 1	
Dhayn Percival	Being a kind, caring student towards others.
Sienna Murphy	Beautiful singing of the PAN songs.
Ashleigh Murnane	Beautiful singing of the PAN songs.
Annabel Lawson	For writing an amazing letter to Fang Fang.
Luke Ruttley-Higgins	For always trying your best and for following the PBL values.
Sahara Regan	For great improvements in your writing.
Amahni Sandow	For confidently contributing in all classrooms discussions.
Storme Anderson	Trying her best in literacy activities.
Ciara Martin	Wonderful writing results.
Archie Rutter	Improvements in mathematics.
STAGE 2	
Rylah Parkinson	PBL Focus Always treating others with respect.
Juanita Percival	Settling in beautifully at CPS!
Katrina Whittall	Showing excellent comprehension skills.
Ryan Little	Always displaying a beautiful smile.
Camilla Ranken	PBL Focus Always following instructions.
Nate Hartberg	Creating a wonderful information report about dolphins.
Kayla Campbell	A fantastic Zoo assessment task.
Kayne Hanney	A fantastic Zoo assessment task.
Sharmyra Gall	Always trying her best.
Joshua Cummins	Displaying our PBL focus and being respectful to visitors.
Izaak Row	Displaying our PBL focus and being respectful to visitors.
Jack Clarke	Being focused and completing class work.
Liam Russell	Doing a fantastic artwork with Australian Animals.
Myah Cox	PBL Focus Always being a respectful student who always follows instructions.
STAGE 3	
Siarne Davis	Excellent effort in class.
Ryan Goard	Great work in 5/6K.
Ben Phillips	Great manners.
Luke Richards	PBL Focus Consistently working well in all areas.
Jai Ashby	Using beautiful pre cursive writing.
Zane Jenner	Overall improvement in all subjects.
Thomas Richards	Great questions in maths.
Allyssah Jackson	PBL Focus Safe, respectful learner.
Jindara Riley	For working well in maths.
Kiarna Chatfield	For being an active participant in lessons.
Toby Mills	For being an enthusiastic learner
Olivia Milsom	PBL Focus For being respectful and following instructions.
Ebony Gledhill	Increasing her commitment to class work.
Darcy Strong	Taking ownership over his work and becoming a responsible class member.
Jessie Newton	PBL Focus Being a mature and respectful listener.
Sam Bowman	Being enthusiastic towards learning in maths.
Cooper McGlashan	Thoughtful contributions in reading and literacy.
Olivia Milsom	Showing respectful attitudes in maths groups.
Celeste Magee	PBL Focus Following instructions and being respectful.

Basketball Competition Round Three

Well done to all students who played in round three of the basketball competition. Thank you to all the players who turn up on time ready to play. It's lovely to see your enthusiasm!

Round Three Results

Golden State **10** vs. New Orleans Pelicans **8**

Cavs **18** vs. Lakers **15**

Kings **15** vs. Chicago Bulls **5**



Kindergarten illustrations of their excursion to Cooinda



food - God spot - craft - games
Reach Up!



HELPING KIDS ENCOUNTER GOD

For Primary school Children (years 3-6)
Wednesdays— 3.15 to 5.00pm
Starting 23rd August 2017
At the Uniting Church in Charles street!
(Next to MacToyota)
Bring a gold coin donation
www.coonabarabran.unitingchurch.org.au/Kids Club

Extreme Fun!!



Life Education Visit

Students have been enjoying their visits to the Life Education Van this week and meeting Harold and Emma. Merchandise will be available for purchase next week.

Below is the timetable for Week 7.

	Monday 28 th August	Tuesday 27 th August
9am	1M – Miss Masters	5/6L – Mr Lowe
10am	Harold's Friendship K-6M Ready, Steady, Go	Decisions
11:30am	KA – Mrs Wilkin My Body Matters	KH – Mrs Wilkin My Body Matters
1:40pm-3pm	1/2I – Mrs Imrie Growing Good Friends	1R – Miss Robinson Harold's Friendship

The Life Education Van will be open at lunch time on Monday and Tuesday for the purchasing of merchandise. Below is a list of merchandise available for purchase.

HAROLD MERCHANDISE



Dear Parents,

Life Education NSW is a not for profit organisation that relies on the support of the community to assist us in reaching our fundraising goals. Every Harold product purchased helps us visit more children in NSW.

The sale of Harold merchandise to the children whilst the program is visiting each school supports our overall fundraising activities and helps cover the gap between the cost of delivery and what parents and schools pay for our program. These products help to remind children about the messages delivered to them during their Life Education session and have either a picture of Harold or the Life Education logo on them.

The educator will provide the opportunity for children to purchase these products during the school visit. Please provide the correct money in an envelope with the item written on the face of the envelope along with your child's name and class. This allows the educator to process orders efficiently and accurately. Orders will be returned by the conclusion of the visit. You can also check out our **NEW** product range online by visiting www.lifeeducation.org.au/shop



Name: _____ Class: _____

Product Description	Price Incl. GST	QTY	Product Description	Price Incl. GST	QTY
Tattoo	\$0.50		Large Harold Soft Toy	\$15.00	
Harold Post-it-note	\$1.50		Harold Stationery Set	Check availability with Educator	
Harold Hand Ball	\$3.00		Harold Keyring	Check availability with Educator	
Small Harold Soft Toy	\$8.00				
Total Owing	\$		Total Owing	\$	

NB Harold Products are subject to availability Life Education NSW thanks you for your support.



Help support Life Education

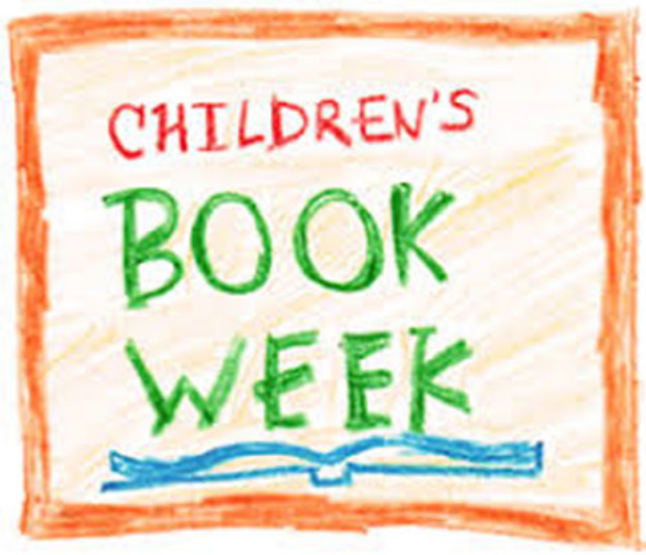
* I would like to donate \$ _____ to Life Education NSW. Gifts of \$2.00 or over are tax deductible.

Name: _____ Phone [optional]: _____

Address: _____ Suburb: _____

Postcode: _____ Email [optional]: _____

Child's Class: _____





'A-A-At-choo'

watch out for the flu



With an increase in infectious illness' please be vigilant with personal hygiene.

This will help with containing the spread of these illness'.

What is viral gastroenteritis?

Viral gastroenteritis is a common infection of the stomach and intestines that results in vomiting and diarrhoea. It can be caused by a number of different viruses, such as rotavirus and norovirus (previously known as Norwalk-like virus). There are many other causes of gastroenteritis including bacteria, toxins, parasites, and some non-infectious diseases.

What are the symptoms?

The main symptoms of viral gastroenteritis are vomiting and watery diarrhoea. Other symptoms may include nausea, fever, abdominal pain, headache, and muscle aches. Dehydration can follow.

Symptoms can take between one and three days to develop and usually last between one and two days, sometimes longer.

How is it spread?

Viral gastroenteritis is highly infectious and is spread by the vomit or faeces of an infected person through:

- person-to-person contact, for example shaking hands with someone who has been sick and has the virus on their hands
- contaminated objects
- contaminated food or drink

Infection may also be spread through aerosolised particles when people vomit.

In most cases, spread occurs from a person who has symptoms. Some people can pass on the infection without symptoms, particularly in the first 48 hours after recovery.

Who is at risk?

Viral gastroenteritis can affect people of all ages.

How is it prevented?

After using the toilet, changing nappies, and before eating or preparing food, wash your hands thoroughly with soap and running water for at least 10 seconds and dry them with a clean towel.

What is influenza?

Influenza, or flu, is a highly contagious respiratory illness caused by influenza viruses. There are three main types of influenza virus that cause infection in humans – types A, B and C – and many sub-types or strains. Influenza can occur throughout the year but influenza activity usually peaks in winter.

Influenza is a vaccine-preventable illness but a new vaccine needs to be given each year because influenza viruses change (mutate) constantly. A new influenza vaccine is prepared each year to best match the strains predicted for the coming influenza season.

What are the symptoms?

People with influenza typically experience some or all of the following symptoms for at least a week:

- fever and chills
- cough, sore throat and runny or stuffy nose
- muscle aches, joint pains, headaches and fatigue (feeling very tired)
- nausea, vomiting and diarrhoea (more common in children than adults)

Some symptoms may last for more than a week. Some people may also experience very mild symptoms, particularly if they have some immunity from a previous infection or vaccination.

Seek immediate medical advice if the illness quickly becomes worse or if any of the following occurs:

- shortness of breath or rapid breathing
- chest pain
- confusion or sudden dizziness
- persistent vomiting.

How is it spread?

- Influenza viruses are mainly spread by droplets made when an infected person coughs or sneezes
- Influenza can also spread after touching surfaces where infected droplets have landed
- Influenza can be spread to someone by an infected person even before their symptoms begin
- Adults with influenza are infectious from the day before their symptoms start until 5-7 days later
- Young children and people with weakened immune systems may be infectious for longer.

Who is at risk?

While anyone can get influenza, the following people are at higher risk of complications from influenza infection (and who are eligible for free annual influenza vaccine):

- All Aboriginal and Torres Strait islander people aged 6 months to <5 years or aged 15 years and older
- Pregnant women

Coonabarabran Pony Club

Pony Camp entries
 now open via
www.nominate.com.au

Next Rally
Sunday 3rd September
Lucy Evans
 ph: 6842 3636
 mob: 0488 422 171

Coonabarabran Town Bus Service

Free for
 Kindergarten,
 Year 1 & Year 2

Available to all students
 in the town limits.



Primary students have conditions applied
 depending on distance travelled.

Cost \$1 per day if ineligible for free travel.

More info: 6842 2783

Coonabarabran

 after school
 vacation care

3.15 - 5.30pm
 Monday - Friday
 at 14 Robertson
 Street, Coona

Coonabarabran Public School students
 catch the Rocky Glen bus.

Only \$25 a day

You could be eligible for further subsidy
 to reduce fees with the Child Care Benefit

You only pay the gap.

Enrol at Robertson Street Children's Services
 phone: 6849 2222

Affordable - Fun - Safe

Coonabarabran Physiotherapy

Matthew Rouse
 Physiotherapist B.App.Sc

68 Cassilis Street
 COONABARABRAN

02 - 6842 2881



Grace's Uniforms

For all your school uniform needs

**From hats to socks,
 backpacks and shoes.**

Shop 3/48 Dalgarno St
 Phone: 6842 1670



Newton's Mechanical Repairs

 Daedong Tractor Sales

For all your mechanical needs
 Truck or Tractor Repairs
 On-Farm Service or Workshop

- Hardi Sales & Service • Hydraulic Repairs
- Air Conditioning • Rego Checks
- Spare Parts • Consignment Sales

6842 1167
 Crane St, Coonabarabran



Evans Electrical Service

**Electrical, Refrigeration,
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 Level 2 Authorised Service
 Provider

Lic. No: 164657C ARC No. L004612
 Level 2 No. 31041

ABN: 85 125 559 926

Phone Brad : 0407 224 773

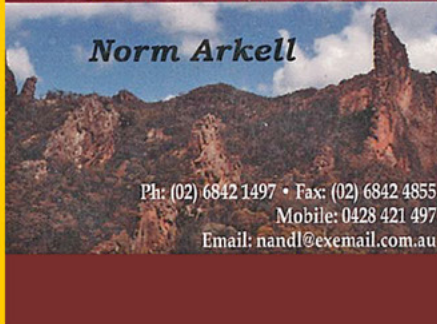
Email:

evans_electrical@bigpond.com

N&L COMPUTER REPAIRS

Norm Arkell

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 Email: nandl@exemail.com.au



**Your kids will thank you
 one day for their
 healthy smiles**



Braces
 Family dentist
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 On-the-spot claims
 \$1000 rebates for most kids



New you can smile a lifetime of smiles

**COONABARABRAN SMILES
 DENTAL SERVICE**

PH 6842 1396 70 Cassilis St



**Classes
 on**

**Tuesday
 afternoons**

Contact: **Leanne McWhirter**
 Phone: 0439 833 832



Yuluwirri Kids

Providing Long Day Care from 6 weeks up to 6
 year olds

Preschool from 3 years to up to 6 years

**Currently Taking
 Enrolment
 Requests for 2017**

Further enquiries: 6849 2184 or
yuluwirrikids@warrumbungle.nsw.gov.au

FOX Electrical
 Installations

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 Licenced Electrician

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