

### Coonabarabran Public School

Newsletter - Term 4, Week 9, 2015

Quality, affordable education for all students

www.coonabarab-p.schools.nsw.edu.au

Monday 30th November 2015

# Intensive Swimming



100% effort not giving up try it again avoid blockers

Persistence

This week's key to success is ...

It's that time of year again and this week most students in Year 2 headed to the pool in the afternoons to engage in the School Swimming and Water Safety Program. The program focuses on the sequential development of water safety and learn to swim skills. It is an intensive program conducted over ten consecutive days. The program targets students who may lack confidence and competence in the water. It has been designed so that each lesson consists of activities from a number of skill cards, which will aim to produce efficient and safe swimmers.

Survival and safety skills are emphasised.

The program uses a combination of qualified swimming teachers and teachers from each participating school to conduct lessons. The students are learning a lot of new skills and are enjoying these activities in the pool this week, where outside temperatures have been high. Thank you to all of our teachers who have assisted and made this program possible for the students at Coonabarabran Public School. The program will run in Weeks 9 and 10 for Stage 2 and Stage 3 students and again in Week 10 for Year 2 students.

Tracy McGlashan

### Pincham's Pearls of Wisdom

During last week you may have noticed the A1 Tree Service from Dubbo at our school completing some work on the school trees. At the end of every year all schools are required to complete a tree survey. Our school survey was conducted with the help of Ms Debbie Mukhar and then the recommended works completed. Some of the trees which were removed were rotten in the middle, rotten at past pruning sections and others had dangerous hanging limbs. I would like to officially thank Debbie for all her time and effort she willing gave to our school in order to complete our survey and in making the recommendations. Debbie is also in the process of sourcing other trees to be planted to replace those removed. Thank you Debbie for all your help.

PAN – a very exciting time for our school especially students and teachers of K-2. I look forward to seeing just what they have install for us on Thursday night. Don't forget all welcome. 7pm start.

Intensive swimming began last week for Year 2 and this week for Year 3-6. These sessions are strictly for those children who cannot swim, they are not stroke corrections lessons. I hope the weather is kind to all participating in these lessons.

The end of the year is quickly approaching so just a few reminders – Awards night will be held Monday 7th December and all students who are receiving an award will be given an invitation to this night.



#### What's on at CPS?

30 Nov - 4 Dec: Stage 2 & Stage 3 Intensive Swimming

3 Dec: Infants Performing Arts Night

4 Dec: Helpers Morning Tea 7 Dec: Awards Night

7 - 11 Dec: Year 2, St 2 & St 3 Intensive Swimming

9 Dec: Year 6 Farewell
9 Dec: Year 6 Farewell Social

10 Dec: Year 6 Farewell Assembly

## **P&C News**

P & C are seeking donations of cakes and slices for the annual Performing Arts Night.

If these could please be brought to the High School canteen on the night, Thursday 3rd December.

### Stage 2 & 3 Sport this Friday

Stage 2: Swimming (remember your swimmers, towel, \$3 entry fee or Season ticket Number.)

Stage 3: Volleyball, Walking or Lawn Bowls





Tuesday - Strawberry Tubs \$2

Wednesday - Watermelon Tubs \$2

Thursday - Salad Tub \$2





### **Library News**

The library will be OPEN this week at lunch times and for lessons, but there will be no borrowing.

Orders for the last book club have been sent. We look forward to their arrival soon.

Please check for overdue books, the end of the year is fast approaching and they need to be returned. If you cannot find them please check on the library shelves and if you still can't find them pay the amount of the cost of the book.

### Coonabarabran Public School

Newell Highway, PO Box 169 COONABARABRAN NSW 2357

Ph: 6842 1771 Fax: 6842 2416 email: coonabarab-p.school@det.nsw.edu.au

### Year 6 Orientation Day Coona High School Friday 4th December

School Sport uniform is to be worn. Ensure you have your pencil case and drinks.

Morning Tea and Lunch Provided.

Food from the school canteen can be purchased on the day.



For Amy Maher's
"VARIETY" Fundraising
Wednesday 2nd December
Gold Coin donation

variety.
the children's charity



Wednesday 9th December 6 - 7pm

Bring a picnic and enjoy dinner on our school lawns



Year 6 Farewell Wednesday 9th December 2015

Years 3 - 6

Cost \$3

Time 7pm - 9pm





A reward for the Walkathon

sponsorship seekers in Years 3 - 6

Wednesday 2nd December

Please bring your swimmers, hat, towels and rashies.

## Mrs P's Learners



Fred Kearney & Isobelle Deshon



Blain Walker



Charlize Griffiths & Taylah Harris

# Enrolment

2016 New Enrolments

Reminder to please return all

Kindergarten enrolments for 2016

to the office. Don't forget Birth

Certificate, Immunisation and

proof of address.

as soon as possible.

Intensive Swimming
Dates

Stage 2 & 3 - 30 November - 4 December Year 2, Stage 2 & 3 - 7 December - 11 December

Year 2 - Monday 14 December

# Chaplain's Chat

It's been a great term and year in my role here at Coona Public!

I feel very welcomed and blessed by the staff, student and parents.

A couple of programs I have been running are the Breakfast Club on Tuesday with the volunteers mostly from the Uniting Church and on Thursdays another breaky club has started with volunteering students from the high school. We are very appreciative to all our volunteers! If they didn't show up we would be able to have breaky club twice a week!

I had the privilege of going to morning tea at Subway with Mrs P and a bunch of students. It was a reward for good behaviour and filling up the "I" in their sticker charts for "You Can Do It'. It was an enjoyable time spent with Mrs P and students.

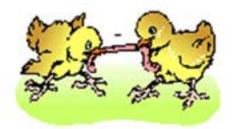
Another great part of my job here is to spend time with students one to one and see how they are going?

I feel very honoured to be trusted with issues going on in students lives.

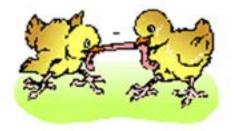
We have reapplied for future funding so that I can continue in my role here at CPS as Chaplin.

Wishing you all a Merry Christmas and a fun and safe holiday!





# Early Birds Graduation



Every Thursday and Friday morning throughout term 3 and 4 a trailing line of small children could be seen walking up to the Early Bird room. From 9 am they would participate in interesting and creative craft projects, paint with mysterious brushes and practice their writing and cutting skills. Often they enjoyed the fruits of their morning, tucking into the delicious fairy bread or biscuits they had laboured over.

After much singing and dancing and interacting with puppet stories in the music room they headed to the library for a book and reflective discussion. The children soon became part of the school morning routine participating in assembly and then spending time in different classrooms.

The second last week each child had a personalised tour of the school with their year 5 buddy who showed them around sharing the morning and a canteen treat with the Early Birds. Then last week we gathered in the assembly hall to celebrate their achievements and all their hard work throughout the school readiness transition program. Friday's group entertained us with a dance and every child from both groups bravely stepped up on to the stage, shook hands with Mrs Pincham and proudly collected their certificate, book, drink bottle and bag. Their enthusiam and excitement were very infectious as we cheered and congratulated

KINDERGARTEN 2016.











## Lake Keepit

The biennial Stage 3 excursion to Lake Keepit took place last week. Seventy excited students arrived there at 11:30 on Monday with four teachers, Mrs Houley and two parents.

After settling into their air-conditioned lodges, bed making and a quick orientation the serious activities began. Green Group went canoeing, Red Group took on the challenge of the giant swing and Yellow Group tried their skills at archery. By 4 o'clock all were in the pool excitedly telling their mates about their adventures so far. Once back at the lodges the nightly routine began: showers, dinner, night show in the hall, a movie down by the lake and finally back to the lodges for toilet, teeth and bed!

Tuesday morning began with Greens at archery, Reds at canoeing and Yellows at rock climbing and then it was back to the lodges for a piece of fruit. "Roadblock" was the next activity, held at the pool, oval or tennis courts. These are challenging activities, held every day and are designed to get everyone thinking and working as a team. The afternoon was spent kayaking, rock climbing or canoeing. The last hour before the nightly routine was again at the pool.

Wednesday had everyone filling drink bottles, finding their hats and covering themselves with sunscreen as the days were warming up and no one was allowed to leave the bullpen without all three. This day students encountered two new activities; raft building held in the pool and mountain bike riding around the campsite and then out to a point to get a great view of the lake and camp complex. A relaxing swim followed before the usual nightly routine.

By Thursday everyone knew the routines and expectations and the groups were off to the giant swing, mountain bike riding or raft making. As the heat and wild westerly winds ramped up everyone was at the pool for the whole afternoon for "Pool Olympics" the highlight of which was the belly flopping contest. The teams of students were put to shame by the team of adults with Mr Adam doing a very elegant bellyflop but Mr Lowe winning hands down (or should that be stomach down?).

Friday morning dawned a little cooler and with packing, cleaning and breakfast completed it was off buy some souvenirs and to the last activity of the week. An early lunch was held and as we boarded the buses for home farewells were made to the Keepit teachers and great big thankyous said to Mr Cole and Mr Sulter as well as Mrs Houley.

Apart from learning about the activities students learnt a great deal about how to get along with others, be persistent, resilient and confident as well as being organised, and yes they can all make their beds and wash up! Thank you to Mr Phillips, Mr Lowe and Mr Adam for giving up their week to go to Lake Keepit but a big, special thank you to Miss Swaysland for her great organisation of the whole excursion.















Family dentist All health funds On-the-spot claims \$1000 rebates for most kilds

COONABARABRAN SMILES DENTAL SERVICE PH 6842 1396 70 Cassilis St



## Coonabarabran After School Care

3.15 - 5.30pm 9donday - Priday at St Lawrence's School

Coonabarabran Public School students catch the Rocky Glen bus. You could pay as little as \$8.50 per day with CCB.

You only pay the gap.

Check your CCB subsidy by ringing 136150.

Enrol at Family Support Services Centre phone: 6849 2222

Affordable - Fun - Safe

### Coonabarabran Physiotherapy

Matthew Rouse Physiotherapist B.App.Sc

68 Cassilis Street COONABARABRAN

02 - 6842 2881



### Grace's Uniforms

For all your school uniform needs

From hats to socks, backpacks and shoes.

Shop 3/48 Dalgarno St Phone: 6842 1670





For all your mechanical needs Truck or Tractor Repairs On-Farm Service or Workshop

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6842 1167 Crane St. Coonabarabran



# Coonabarabran

A local family owned business supplying:

- 5kg bag ice
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- \* mobile freezer hire

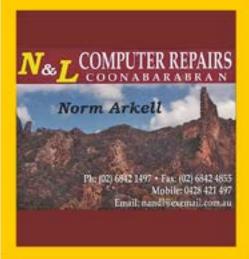
Call Archie's Ice for your next Birthday, Wedding or Function Free Local Delivery

Lawrence:

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Conny:

0427 748 956



# Yuluwirri Kids

Providing Long Day Care from 6 weeks up to 6 year olds Preschool from 3 years to up to 6 years

### Currently Taking Enrolment Requests for 2016

Further enquiries: 6849 2184 or yuluwirrikids@warrumbungle.nsw.gov.au

#### Coonabarabran Physical Culture Club

Fun, Fitness and Friendship

Classes on Tuesday afternoons & evenings for ages 3 through to Ladies

Contact: Leanne McWhirter Phone: 0439 833 832

#### Coonabarabran Pony Club

**December Rally** Sunday 6th December December One Day Event 12-13th December

> Lucy Evans ph: 6842 3636 mob: 0488 422 171



### Sebastian Fox

Licenced Electrician

0407805164 A/H 68434495 foxelectrical@outlook.com